



Salmon Bay Eagles, Aerie #2141  
5216 20th Avenue NW  
Seattle, Washington 98107  
206-783-7791

ADDRESS SERVICE REQUESTED



- ▶ -Game Day Dip & Chili Cook Off, Nov 9
- ▶ Freakout Festival, Nov 7 & Nov 8
- ▶ Foodstock Music Benefit, Sun, Nov 16
- ▶ Thanksgiving Dinner, Nov 27

# THE BAY BREEZE

November 2025

Visit us at [salmonbayeagles.com](http://salmonbayeagles.com)



*Bob Petersen, Keith Craig, Ben Woo, and Jean Enerson eating Mongolian hot pot at Ruby Chow's, Seattle, 1969. Photographer Dave Potts, Seattle Post-Intelligencer*

## Club Hours

Sunday -Tuesday - Closed  
Wednesday 3pm - 11pm  
Thursday 3pm - 12am  
Friday 3pm - 12am  
Saturday 3pm - 12am

## Aerie Contact Info

Phone: 206-783-7791  
[secretary2141@outlook.com](mailto:secretary2141@outlook.com)  
[SalmonBayEagles.com](http://SalmonBayEagles.com)

**Submit your event or story** to The Bay Breeze staff by the 15th each month to get it into next month's issue. Email Thao Vo at [thao2good@yahoo.com](mailto:thao2good@yahoo.com)

*Club hours are subject to change without notice.*

SALMON BAY EAGLES PRESENTS

## FOODSTOCK II



RETRO EXPO  
AND  
CANNED FOOD  
CAMPAIGN

Starring:  
Trouble at Home  
Squid Row Blues Duo  
Phantoms of Soul  
The Blue Skies  
+  
All the Essential Food Groups  
And assorted Bluesberry Jammers  
Sunday November 16<sup>th</sup>  
Open House  
Suggested Donation \$5 or canned food  
Starts 4 PM

**CHEESE. LOVE & MUSIC**

### The Bay Breeze Staff

Editor: Thao Vo

[thao2good@yahoo.com](mailto:thao2good@yahoo.com)

Music: Judy Abernethy

[secretary2141@outlook.com](mailto:secretary2141@outlook.com)

### GET A DRINK ON US! 2025 NOVEMBER BIRTHDAY GIFT

Present this coupon to the bartender  
with your ID and get ONE FREE  
DRINK during your birthday month.

## THANKSGIVING DINNER, NOV 27

With good cheer and gratitude, the Salmon Bay Eagles is hosting our annual Thanksgiving Day dinner on Thursday, November 27 for our members and their guests for free. A traditional dinner of turkey and all the trimmings will be served so be sure to come hungry and bring your friends and family. All food is donated and prepared by volunteers. Doors will be open at 2pm with dinner service from 3pm until 5pm.

**Please RSVP by Thursday, Nov 19 to Judy** at [secretary2141@outlook.com](mailto:secretary2141@outlook.com) so we can ensure space and food.

**Volunteers needed:** This is a big event and requires many helping hands. We can really use your help with the following:

- Food prep and cooking
- Assistance serving, bussing, and cleaning
- Donations of prepared food, food items or cash

To volunteer or donate food, please signup on the sheet by the bar or contact Judy at [secretary2141@outlook.com](mailto:secretary2141@outlook.com) with any questions.

## FOODSTOCK RETURNS, NOV 16

Get ready for a groovy event **OPEN TO THE PUBLIC**—Foodstock returns Sunday, November 16, bringing music, community, and generosity together to support the Ballard Food Bank.

The show kicks off at 4 p.m. with a killer lineup of local talent: ***Trouble at Home, Squid Row Blues Duo, Phantom of Soul, and The Blues Skies and more!*** Plus don't miss "Free Hot Dogs" from 4:30–6:00 (or until it's gone).

Everyone is welcome to come! Bonus points if you **show up in your best hippie gear**—fringe, bell bottoms, peace signs, the works. Let's make it a full-on retro revival.

**Entry is easy: bring non-perishable food or donate \$5+.** Every bit goes straight to the Ballard Food Bank. You can also drop donations in the social room anytime over the next 2 months. Accepted items are unopened canned goods and packaged non-perishables. Full list at **BallardFoodBank.org**.

Come mingle, groove to the music, and make a difference—because nothing beats good tunes for a great cause. See you there!



## NOVEMBER FOOD

We've got delicious meals in store for you! Food is served at 7pm., about an hour before the bands perform, and continues until 9pm (or until it's gone).

**Oct 30–Nov 1:** Sink your fangs into a frightfully festive feast—**Murphy's Spooky Halloween Dinner** is packed with cozy comfort and eerie delights, all for just \$15. Costumes encouraged, appetite required!

**Nov 6, & 29-30:** Get ready for bold Southern flavor with Judy's crispy, golden **Louisiana Fish Fry**—served hot and hearty for just \$15. Even better? Proceeds support the Ballard Food Bank. Great flavor, great cause.

**Nov 13–15:** Warm up with a soul-soothing bowl of **Murphy's Hearty Chili**, loaded with savory spices and all the fixings. It's the perfect antidote to chilly nights—just \$15 with cornbread and dessert.

**Nov 20–22:** Treat yourself to **Judy's Parmesan-Crusted Salmon**—perfectly baked salmon, crusted with parmesan and herbs for a rich, mouthwatering finish. Gourmet taste at a neighborhood price—just \$15. Want to share your favorite dishes at the club? **We'd love to have more cooks in the kitchen!** The club covers supplies—just bring your ideas, cooking skills, and extra hands. Talk to Judy or Murphy to get started!

## GAME DAY DIP & CHILI COOK-OFF, NOV 9

On Sunday, November 9, 2025, we're spicing up game day with a Dip & Chili Cook-Off during the Cardinals vs. Seahawks matchup. Doors open at noon, kickoff is at 1:05 p.m., and the contest begins at halftime. Members entering the competition should bring their chili or dip in a crock pot and have it set up before 2:00 p.m. **A \$5 donation lets you taste and vote**, with half the proceeds going to the winner and the other half to the Ballard Food Bank. Mark your calendar for more cook-offs this season, including the **Holiday Cookie Bake-Off on December 14**. Come cheer the Seahawks, enjoy delicious eats, and support a great cause.



### Murphy's Chili & Fixin's

Nov 13-15  
7pm-8pm

Hearty beef and bean chili with classic fixings, corn bread and dessert for \$15.

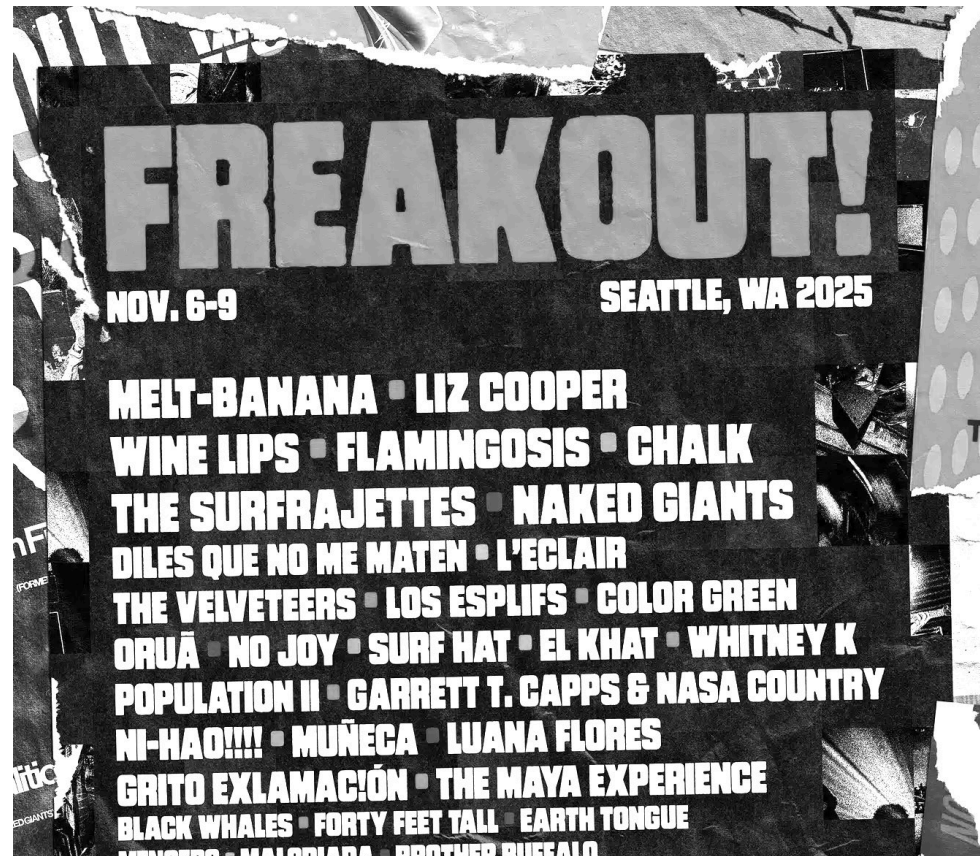
## FREAKOUT FESTIVAL, NOV 7-8

Our club is hosting bands for Freakout Festival on **Friday, Nov 7 and Saturday, Nov 8** using **both stages in the social room and the upstairs ballroom**. See who's playing at [www.freakoutrec.com/schedule](http://www.freakoutrec.com/schedule).







Freakout Festival celebrates its 13th anniversary November 6–9, 2025, in Seattle's Ballard and Fremont neighborhoods. Playing across multiple, this year's lineup includes Tractor Tavern, The Sunset, Conor Byrne, Salmon Bay Eagles Club (2 stages), Ballard Smoke Shop, Cathedral, Nectar Lounge, and Hidden Hall.

Presented by Freakout Records, the festival features artists from the Pacific Northwest, plus national and international acts. Freakout is a non-profit organization committed to delivering music for people, not for profit. Don't miss this four-day celebration of live music and community.

**PRO TIP:** Bring your membership card. Members can attend Freakout shows at our club at no charge as long as you present your membership card at the door. *You'll have to get tickets to attend shows at other venues.* **Tickets are available via Dice** at [dice.fm/promoters/freakout-6d3vq](http://dice.fm/promoters/freakout-6d3vq) with ticket options for one-day, four-day passes, or two-day bundles (Fri/Sat).



# NOVEMBER 2025, SALMON BAY EAGLES, AERIE 2141 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26  We open one hour before kick-off on Seahawks game day	17	28	29 6pm Joker Poker 6:15pm Trustee Mtg 7pm Movie Nite	30 LIVE MUSIC 7pm Murphy's Spooky Halloween Dinner 8pm Salmon Dan's Jam	31 HALLOWEEN PARTY & CONTEST 7pm Murphy's Spooky Halloween Dinner 8pm All Stars No Stripes 	1 LIVE MUSIC 7pm Murphy's Spooky Surprise Dinner 8pm Seattle House-Rockers
2 GAME DAY Seahawks vs Commanders @ 5:20pm 	3	4 ELECTION DAY 	5 6pm Joker Poker 6:15pm Trustee Mtg 7pm Aerie Meeting 7pm Movie Nite	6 LIVE MUSIC 7pm Judy's Louisiana Fish Fry 8pm Ryan T Higgins	7 FREAKOUT FEST 2 Stages, live music from 7pm-1am See schedule <a href="http://www.freakoutrec.com/schedule">www.freakoutrec.com/schedule</a>	8 FREAKOUT FEST 2 Stages, live music 7pm-1am See schedule <a href="http://www.freakoutrec.com/schedule">www.freakoutrec.com/schedule</a>
9 GAME DAY Cardinals vs Seahawks @ 1:05pm 2pm Dip & Chili Cook-off Contest 	10 VETERAN'S DAY 		12 6pm Joker Poker 6pm Calendar Mtg 6:15pm Trustee Mtg 7pm Movie Nite	13 LIVE MUSIC 7pm Murphy's Chili & Fixins 8pm ROB-RAF-BILL, Blues Funk & Swing	14 LIVE MUSIC 7pm Murphy's Chili & Fixins 8pm Johnny Atomic & the Silver Tongued Devils	15 LIVE MUSIC 11am District 5 Mtg @ Burien Eagles 7pm Murphy's Chili & Fixins 8pm Red House
16 OPEN HOUSE 1pm Seahawks vs Rams 4pm Foodstock Music Benefit, Open House and Food Drive + Free Hotdogs	17	18	19 6pm Joker Poker 7pm Aerie Meeting & Initiations 7pm Movie Nite	20 LIVE MUSIC 7pm Judy's Parmesan Crusted Salmon 8pm Salmon Dan's Jam	21 LIVE MUSIC 7pm Judy's Parmesan Crusted Salmon 8pm Mark DuFresne Band	22 LIVE MUSIC 7pm Judy's Parmesan Crusted Salmon 8pm Rod Cook & Toast
23 GAME DAY Seahawks vs Titans @ 10am 	24	25	26 6pm Joker Poker 6:15pm Trustee Mtg 7pm Movie Nite	27 THANKSGIVING 3-5pm Thanksgiving Dinner for Members and invited guests	28 LIVE MUSIC 7pm Judy's Louisiana Fish Fry 8pm Tim Turner Band	29 LIVE MUSIC 7pm Judy's Louisiana Fish Fry 8pm Polly O'Keary & the Rythmn Method

## NOVEMBER MUSIC

We are open 4 days a week Wednesday to Saturday! Come to the club for games, drink specials, food and excellent music that is always free for members! Shows start at 8pm. Check out the bios of the bands below.

### **ROB-RAF-BILL, Blues Funk & Swing, Thursday, November 13**

Seattle's ROB-RAF-BILL fuses rock, blues, and funk with raw energy and soul. Led by powerhouse guitarist Rafael Tranquilino, known for searing riffs and Delta slide, the trio also features the deep grooves of bassist Robert Baker and the award-winning rhythms of drummer Bill Ray. Their dynamic live shows blend improvisation and powerful lyrics, delivering an unforgettable fusion experience that rocks the heart and soul.

### **Red House, Saturday, November 15**

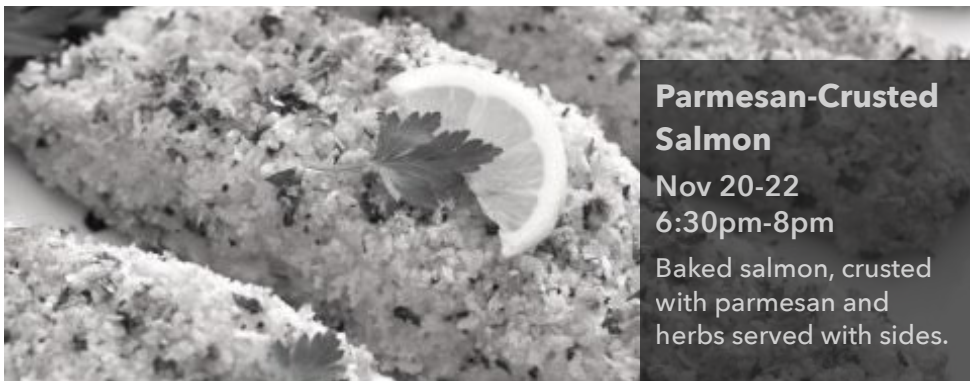
Red House is a Seattle/Tacoma band featuring Robin Crane, John Deely, Mike Jaap, Mark Noftsgar, and Tim Scott. They deliver a powerful blend of blues, R&B, soul, and funk with both original songs and semi-obscure covers. Known for their expert musicianship and dynamic performances, they have been captivating the PNW audiences with their soulful, groove-rich sound.

### **Rod Cook & Toast, Saturday, November 22**

Seattle guitarist and vocalist Rod Cook is a blues master known for soulful, melodic playing and stylistic versatility. With a career spanning over 40 years, he's led his band Rod Cook and Toast and collaborated with artists like Laura Love and Vicci Martinez. Rod's earned multiple Washington Blues Society awards for both acoustic and electric guitar. His sound blends blues, Americana, and roots with deep emotion and skill.

### **Polly O'Keary & the Rythmn Method, Saturday, November 29**

Polly O'Keary and the Rhythm Method are a nationally-touring Seattle blues trio blending original blues with zydeco, soul, gospel, and funk. Led by award-winning bassist and vocalist Polly O'Keary, with drummer Tommy Cook and guitarist David Miller, their powerful, joyful performances and acclaimed albums showcase a modern take on blues rooted in tradition but bursting with 21st-century energy.



### **Parmesan-Crusted Salmon**

Nov 20-22  
6:30pm-8pm

Baked salmon, crusted with parmesan and herbs served with sides.

## NOVEMBER

# WHAT'S ON AT SALMON BAY

### **Saturday 01**

8pm Seattle HouseRockers

### **Thursday 06**

8pm Ryan T Higgins

### **Thursday 13**

8pm ROB-RAF-BILL, Blues Funk & Swing

### **Friday 14**

8pm The Silver Tongued Devils

### **Saturday 15**

8pm Red House

### **Sunday 16 Foodstock Open House**

4pm Foodstock Music Benefit, Food Drive

### **Thursday 20**

8pm Salmon Dan's Jam

### **Friday 21**

8pm Mark DuFresne Band

### **Saturday 22**

8pm Rod Cook & Toast

### **Thursday 27 - Thanksgiving Day**

3-5pm Thanksgiving Dinner for Members and invited guests

### **Friday 28**

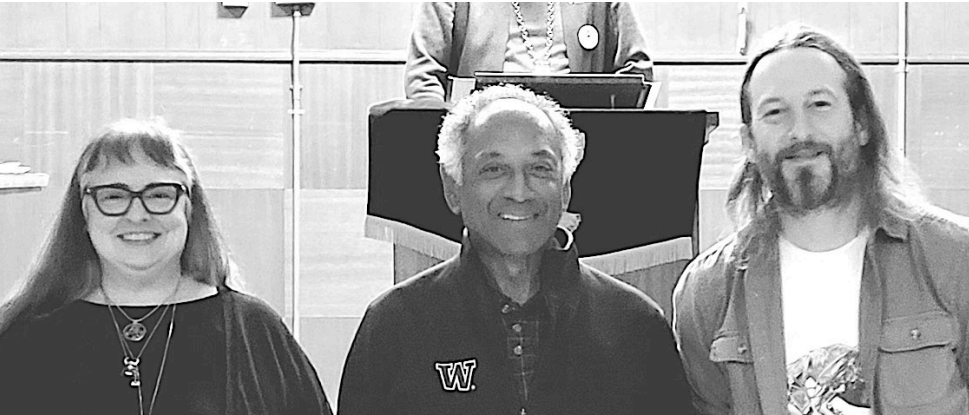
8pm Tim Turner Band

### **Saturday 29**

8pm Polly O'Keary & the Rythmn Method

Follow us on  
Facebook  
and Instagram

MEET OUR NEWEST MEMBERS



October Initiates: Jennifer Martinez, Larry Hayes and Brian Hoffman

NOVEMBER BIRTHDAYS

Jeffrey Jarvis 11/1, Paul Tupper 11/3, Chris Adams 11/4, Kevin Speltz 11/5, Simon Patrick 11/7, Thao Vo 11/9, Kathleen Porter 11/10, Billy Reed 11/10, Salena Reeves 11/10, Peter Denotariss 11/11, Reatha Dixon 11/11, Alex Nelson 11/11, Erin Quigley 11/12, Savannah Suttle 11/13, Eric Stover 11/14, John Vaudreuil 11/14, James Wulff 11/15, Judy Abernethy 11/16, Erica Elder 11/17, Haonan Zhang 11/17, Patrick Jaeger 11/18, Greg Staats 11/19, Linda Phelps 11/20, Jason Allen 11/21, Brian Tonkin 11/22, Casey Bell 11/23, Jeff Ko 11/24, Mimi Perrin 11/24, Caleb Reft 11/24, William Lovy 11/27, Cisco Fernandez 11/26, Mike Parsons 11/30, Dane Tomer 11/30.

Join Us

Thanksgiving Dinner

Thursday, Nov 27

3pm - 5pm

RSVP at [secretary2141@outlook.com](mailto:secretary2141@outlook.com) by 11/19

AERIE OFFICERS

Worthy Past President.....	Nora Carria
Worthy President.....	Peter Ivan Kotcher
Worthy V.P.....	Curtis Terry
Worthy Chaplin.....	James F Wulff
Worthy Secretary.....	Judy Abernethy
Worthy Treasurer.....	Dianne Peterson
Worthy Conductor.....	David Tatelman
Inside Guard.....	Jessica Murray
Outside Guard.....	Red DeNotaris
Membership Chair .....	Curtis Terry
Trustee Chairman.....	Pauline Roach
Trustees.....	Jodi Chmielewski,
	Judy Abernethy, Nora Carria, Kathi Norem, Linda Shwab

WE ARE PEOPLE HELPING PEOPLE

Get involved! Do you have some free time and want to make a meaningful impact in our club and community? We invite you to talk to one of our officers to explore how you can contribute to our fundraising efforts and support local initiatives.

There are plenty of ways to get involved without a significant time commitment. Whether it's helping with dishes during a dinner or putting up decorations, you can make a big difference!

If you're interested in a more active role, we'd love to discuss what it takes to become an officer or committee lead. Please reach out to any of our Aerie Officers or email us at the links below.

QUESTIONS?

We are here to help! For questions or comments regarding:

Member stories/news, Facebook posts, pictures, corrections, advertising, email **Breeze Editor** at [thao2good@yahoo.com](mailto:thao2good@yahoo.com)

Ideas, improvements, budget, social room activities/issues, volunteerism, email **SBE Trustees** at [sb-eagles-trustees@googlegroups.com](mailto:sb-eagles-trustees@googlegroups.com)

Membership, committees, officer roles and responsibilities, charter rules, email **SBE Leadership** at [sb-eagles-all-leadership@googlegroups.com](mailto:sb-eagles-all-leadership@googlegroups.com)

You can also call the club at (206) 783-7791 during regular business hours and the bar manager can direct you to the right person to speak with.